## ISAF OFFSHORE SPECIAL REGULATIONS

JANUARY 2014 - DECEMBER 2015 www.sailing.org/specialregs



# **Extract for Race Category 1 Multihulls**

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Version 1\_2 - 2014

#### Because this is an extract not all paragraph numbers will be present

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Official interpretations shall take precedence over these Special Regulations and will be indexed, numbered, dated and displayed on the ISAF web site www.sailing.org/specialregs

## **Language & Abbreviations Used**

Mo - Monohull

Mu - Multihull

" \*\* " means the item applies to all types of yacht in all Categories except 5 for which see Appendix J or 6 for which see Appendix L.

RED TYPE indicates a significant changes in 2014

Guidance notes and recommendations are in italics

The use of the masculine gender shall be taken to mean either gender

#### **Administration**

The Offshore Special Regulation are administered by the ISAF Special Regulation Sub-Committee whose terms of reference are as follows: (www.sailing.org/regulations)

ISAF Regulation 6.8.8.3 - The Special Regulations Sub-Committee shall: (a) be responsible for the maintenance, revision and changes to the ISAF Offshore Special Regulations governing offshore racing, under licence from ORC Ltd. Such changes shall be biennial with revised editions published in January of each even year, except that matters of an urgent nature affecting safety may be dealt with by changes to the Regulations on a shorter time scale;

(b) monitor developments in offshore racing relative to the standards of safety and seaworthiness.

Any queries please E-Mail: technical@isaf.co.uk

# **SECTION 1 - FUNDAMENTAL AND DEFINITIONS**

1.01	Purpose and Us	5e	
1.01.1	It is the purpose minimum equipm	of these Special Regulations to establish uniform ent, accommodation and training standards for monohull hts racing offshore. A Proa is excluded from these	**
1.01.2	These Special Recrequirements of Class Associations	gulations do not replace, but rather supplement, the governmental authority, the Racing Rules and the rules of s and Rating Systems. The attention of persons in charge ctions in the Rules on the location and movement of	**
1.01.3	These Special Recrecommended for	gulations, adopted internationally, are strongly r use by all organizers of offshore races. Race Committees ategory deemed most suitable for the type of race to be	**
1.02 1.02.1	The safety of a responsibility or ensure that the manned by an extraining and are satisfied as to the gear. He must extrained and how it is to over the responsibility of a responsibility.	yacht and her crew is the sole and inescapable of the person in charge who must do his best to e yacht is fully found, thoroughly seaworthy and experienced crew who have undergone appropriate e physically fit to face bad weather. He must be the soundness of hull, spars, rigging, sails and all ensure that all safety equipment is properly d stowed and that the crew know where it is kept to be used. He shall also nominate a person to take assibilities of the Person in Charge in the event of	**
1.02.2	organizers, nor th	dishment of these Special Regulations, their use by race ne inspection of a yacht under these Special Regulations in reduces the complete and unlimited responsibility of the	**
1.02.3	<b>Decision to race</b>	e -The responsibility for a yacht's decision to race or to continue racing is hers alone - RRS	**
1.03	Definitions, Abl	breviations, Word Usage	
1.03.1	Definitions of Ter	ms used in this document	**
	TABLE 1		
	Age Date	Month/year of first launch	
	AIS	Automatic Identification Systems	
	CEN CPR	Comité Européen de Normalisation Cardio-Pulmonary Resuscitation	
	Coaming	Includes the transverse after limit of the cockpit over w water would run in the event that when the yacht is flowlevel the cockpit is flowled or filled to overflowing.	
	DSC	Digital Selective Calling	
	EN	European Norm	
	EPFS	Electronic Position-Fixing System	
	EPIRB	Emergency Position-Indicating Radio Beacon	
	FA Station	The transverse station at which the upper corner of the transom meets the sheerline.	!
	Foul-Weather	A foul weather suit is clothing designed to keep the weather	arer
	Suit	dry and maybe either a jacket and trousers worn togeth or a single garment comprising jacket and trousers.	ner,
	GMDSS	Global Maritime Distress & Safety System	
	GNSS	Global Navigation Satellite System	
	GPIRB	EPIRB, with integral GPS position-fixing	
	ITU	International Telecommunications Union	

GPS Global Positioning System

Hatch The term hatch includes the entire hatch assembly and also

the lid or cover as part of that assembly (the part itself may

be described as a hatch).

INMARSAT This is Inmarsat Global Limited, the private company that

provides GMDSS satellite distress and safety communications,

plus general communications via voice, fax and data

IMO International Maritime Organisation

IMSO The International Mobile Satellite Organisation, the independent,

intergovernmental organisation that oversees Inmarsat's performance of its Public Service Obligations for the GMDSS

and reports on these to IMO

ISAF International Sailing Federation.

ISO International Standard or International Organization for

Standardization.

Lifeline Rope or wire line rigged as guardrail / guardline around the deck LOA Length overall not including pulpits, bowsprits, boomkins etc.

LWL (Length of) loaded waterline

Monohull Yacht in which the hull depth in any section does not decrease

towards the centre-line.

Moveable Ballast Lead or other material including water which has no practical

function in the boat other than to increase weight and/or to influence stability and/or trim and which may be moved transversely but not varied in weight while a boat is racing.

Offshore Pacing Congress (formerly Offshore Pacing Council)

ORC Offshore Racing Congress (formerly Offshore Racing Council)

OSR Offshore Special Regulation(s)

Permanently Means the item is effectively built-in by e.g. bolting, welding, Installed glassing etc. and may not be removed for or during racing.

PLB Personal Locator Beacon
Proa Asymmetric Catamaran
RRS ISAF - Racing Rules of Sailing

SAR Search and Rescue

SART Search and Rescue Transponder

Series Date Month & Year of first launch of the first yacht of the production

series

SOLAS Safety of Life at Sea Convention

Safety Line A tether used to connect a safety harness to a strong point

Securely Held strongly in place by a method (e.g. rope lashings, wing-nuts) which will safely retain the fastened object in severe conditions

including a 180 degree capsize and allows for the item to be

removed and replaced during racing

Static Ballast Lead or other material including water which has no practical

function in the boat other than to increase weight and/or to influence stability and/or trim and which may not be moved or

varied in weight while a boat is racing.

Static Safety Line A safety line (usually shorter than a safety line carried with a

harness) kept clipped on at a work-station

Variable Ballast Water carried for the sole purpose of influencing stability

and/or trim and which may be varied in weight and/or

moved while a boat is racing.

1.03.2 The words "shall" and "must" are mandatory, and "should" and "may" are \*\*

permissive.

1.03.3 The word "yacht" shall be taken as fully interchangeable with the word "boat".

# **SECTION 2 - APPLICATION & GENERAL REQUIREMENTS**

2.01	Categories of Events	
	In many types of race, ranging from trans-oceanic sailed under adverse	**
	conditions to short-course day races sailed in protected waters, seven	
	categories are established, to provide for differences in the minimum	
	standards of safety and accommodation required for such varying	
	circumstances:	
2.01.2	Category 1	
	Races of long distance and well offshore, where yachts must be completely	MoMu,1
	self-sufficient for extended periods of time, capable of withstanding heavy	
	storms and prepared to meet serious emergencies without the expectation	
	of outside assistance.	
2.02	Inspection	
2.02	A yacht may be inspected at any time. If she does not comply with these	**
	Special Regulations her entry may be rejected, or she will be liable to	
	disqualification or such other penalty as may be prescribed by the national	
	authority or the race organizers.	
2.03	General Requirements	
2.03.1	All equipment required by Special Regulations shall:-	
	function properly	**
a)	• • •	**
b)	be regularly checked, cleaned and serviced when not in use be stowed in conditions in which deterioration is minimised	**
c)		**
d)	be readily accessible	**
e)	be of a type, size and capacity suitable and adequate for the intended use	
2 02 2	and size of the yacht.	
2.03.2	Heavy items:	**
a)	ballast, ballast tanks and associated equipment shall be permanently	*1**1*
<b>b</b> )	installed	**
b)	heavy movable items including e.g. batteries, stoves, gas bottles, tanks,	7.7
-1	toolboxes and anchors and chain shall be securely fastened	**
c)	heavy items for which fixing is not specified in Special Regulations shall be	ጥጥ
2 02 2	permanently installed or securely fastened, as appropriate	**
2.03.3	When to show navigation lights	**
a)	navigation lights (OSR 3.27) shall be shown as required by the	<u> ተ</u>
	International Regulations for Preventing Collision at Sea, (Part C and	
	Technical Annex 1). All yachts shall exhibit sidelights and a sternlight at the	
	required times.	
	ON 3 - STRUCTURAL FEATURES, STABILITY, FIXED EQUIPMENT	
3.01	Strength of Build, Ballast and Rig	**
	Yachts shall be strongly built, watertight and, particularly with regard to	<u> </u>
	hulls, decks and cabin trunks capable of withstanding solid water and	
	knockdowns. They must be properly rigged and ballasted, be fully	
	seaworthy and must meet the standards set forth herein. Shrouds shall	
	never be disconnected.	
3.02	Watertight Integrity of a Hull	<b>J</b> L JL
3.02.1	A hull, including, deck, coach roof, windows, hatches and all other parts,	**
	shall form an integral, essentially watertight unit and any openings in it	
	shall be capable of being immediately secured to maintain this integrity.	
3.02.2	Centreboard and daggerboard trunks and the like shall not open into the	**
	interior of a hull except via a watertight inspection/maintenance hatch of	
	which the opening shall be entirely above the waterline of the yacht	
	floating level in normal trim.	
3.02.3	A canting keel pivot shall be completely contained within a watertight	**
	enclosure which shall comply with OSR 3.02.2. Access points in the	
	watertight enclosure for control and actuation systems or any other	
	purpose shall comply with OSR 3.02.1.	alask.
3.02.4	Moveable ballast systems shall be fitted with a manual control and	**

actuation secondary system which shall be capable of controlling the full sailing load of the keel in the event of failure of the primary system. Such failures would include electrical and hydraulic failure and mechanical failure of the components and the structure to which it mounts. The system must be capable of being operational quickly and shall be operable at any angle of heel. It would be desirable if this system was capable of securing the keel on the centreline.

	keel on the centreline.	
3.03	Hull Construction Standards (Scantlings)	MoMu0,1,2
3.03.4	A multihull shall comply with appendix M to these OSR.	Extract Mo0,1,2
3.05	Stability and Flotation - Multihulls	Mu0,1,2,3,4
	Attention is drawn to ISO 12217-2.	Mu0,1,2,3,4
3.05.1	Adequate watertight bulkheads and compartments (which may include	Mu0,1,2,3,4
	permanently installed flotation material) in each hull shall be provided to	, , , ,
	ensure that a multihull is effectively unsinkable and capable of floating in a	
	stable position with at least half the length of one hull flooded. (see OSR	
	3.13.2).	
3.05.2	Multihulls built on or after Jan 1999 shall in every hull without	Mu0,1,2,3,4
310312	accommodation be divided at intervals of not more than 4m (13ft 3") by	1 100/1/2/3/1
	one or more transverse watertight bulkheads	
3.05.3	A yacht shall be designed and built to resist capsize.	Mu0,1,2,3,4
3.07	Exits and Escape Hatches - Multihulls	Mu0,1,2,3,4
3.07.1	Exits	14u0,1,2,3,4
a)	In a multihull of 8m (26.2ft) LOA and greater, each hull which contains	Mu0,1,2,3,4
a)	accommodation shall have at least two exits.	11u0,1,2,3,7
h)	In a multihull of less than 8m (26.2ft) LOA each hull which contains	Mu0,1,2,3
b)	accommodation shall have at least two exits.	Mu0,1,2,3
2 07 2		
3.07.2	Escape Hatches, Underside Clipping Points & Handholds	M. O 1 2 2 4
a)	In a multihull of 12m (39.4ft) LOA and greater each hull which contains accommodation shall:-	Mu0,1,2,3,4
		M. O 1 2 2 4
İ	have an escape hatch for access to and from the hull in the event of an	Mu0,1,2,3,4
	inversion;	MO 1 2 2 4
ii	when first launched on or after January 2003 have a minimum clearance	Mu0,1,2,3,4
	diameter through each escape hatch of 450mm or when an escape hatch is	
	not circular, sufficient clearance to allow a crew member to pass through	
	fully clothed;	14-0-1-2-2-4
iii	when first launched prior to January 2003, if possible have each escape	Mu0,1,2,3,4
	hatch in compliance with the dimensions in OSR 3.07.2(a)(ii);	
iv	when the yacht is inverted have each escape hatch above the waterline;	Mu0,1,2,3,4
V	when first launched on or after January 2001 have each escape hatch at or	Mu0,1,2,3,4
	near the midships station;	
vi	in a catamaran first launched on or after January 2003 have each escape	Mu0,1,2,3,4
	hatch on the side nearest the vessel's central axis.	
b)	A trimaran of 12m (39.4ft) LOA and greater first launched on or after 1/03	Mu0,1,2,3,4
	shall have at least two escape hatches in compliance with the dimensions	
	in OSR 3.07.2(a) (ii)	
c)	Each escape hatch must have been opened both from inside and outside	Mu0,1,2,3,4
	within 6 months prior to an intended race	
d)	A multihull shall have on the underside appropriate handholds/clipping	Mu0,1,2,3,4
	points sufficient for all crew (on a trimaran these shall be around the	
_	central hull).	
e)	A catamaran first launched on or after 1/03 with a central nacelle shall	Mu0,1,2,3,4
	have on the underside around the central nacelle, handholds of sufficient	
	capacity to enable all persons on board to hold on and/or clip on securely	
f)	In a catamaran with a central nacelle, it is recommended that each hull has	<i>Mu0,1,2,3,4</i>
	an emergency refuge, accessible via a special hatch in the side of the hull	
	nearest the vessel's central axis, which hatch may be opened and closed	
	from the inside and outside	
3.08	Hatches & Companionways	
3.08.1	No hatch forward of the maximum beam station, other than a hatch in the	**

	side of a coachroof, shall open in such a way that the lid or cover moves into the open position towards the interior of the hull (excepting ports having an area of less than 0.071m2 (110 sq in)).	
3.08.2	A hatch fitted forward of the maximum beam station, located on the side of the coachroof, opening into the interior of the boat ,and of area greater than 0.071m2 shall comply with ISO12216 design category A and be clearly labelled and used in accordance with the following instruction: "NOT TO BE OPENED AT SEA" Attention is drawn to SR 3.02.1	**
3.08.3	A hatch shall be:	dede
b)	permanently attached	**
c) 3.08.4	capable of being firmly shut immediately and remaining firmly shut in a 180 degree capsize (inversion) A companionway hatch shall:	<b>*</b> * * <b>*</b> * * <b>*</b> * <b>*</b> * <b>*</b> * * * *
a)	be fitted with a strong securing arrangement which shall be operable from the exterior and interior including when the yacht is inverted	**
b)	have any blocking devices:	**
i	capable of being retained in position with the hatch open or shut	**
ii	whether or not in position in the hatchway, secured to the yacht (e.g. by lanyard) for the duration of the race, to prevent their being lost overboard	**
iii	permit exit in the event of inversion	**
3.08.7	A companionway hatch extending below the local sheerline and shall comply with either (a) or (b):	Mu0,1,2,3,4
a)	be capable of being blocked off up to the level of the local sheerline, whilst giving access to the interior with the blocking devices (e.g. washboards) in place with a minimum sill height of 300 mm.	Mu0,1,2,3,4
b)		
i 2.00	A companionway hatch shall be in compliance with ISO 11812 – Watertight cockpits and quick-draining cockpits to design category A	Mu0,1,2,3
<b>3.09</b> 3.09.1	Cockpits - Attention is Drawn to ISO 11812  Cockpits shall be structurally strong, self-draining quickly by gravity at all angles of heel and permanently incorporated as an integral part of the hull.	**
3.09.2	Cockpits must be essentially watertight, that is, all openings to the hull must be capable of being strongly and rigidly secured	**
3.09.3	A bilge pump outlet pipe shall not be connected to a cockpit drain. See OSR 3.09.8 for cockpit drain minimum sizes	**
3.09.4	A cockpit sole shall be at least 2% LWL above LWL (or in IMS yachts first launched before 1/03, at least 2% L above LWL)	**
3.09.5	A bow, lateral, central or stern well shall be considered a cockpit for the purposes of OSR 3.09	**
3.09.6	In cockpits opening aft to the sea structural openings aft shall be not less in area than 50% maximum cockpit depth x maximum cockpit width.	**
3.09.7	Cockpit Volume	
i)	earliest of age or series date before April 1992 the total volume of all cockpits below lowest coamings shall not exceed 6% (LWL x maximum beam x freeboard abreast the cockpit).	Extract MoMu0,1
ii)	earliest of age or series date April 1992 and after as above for the appropriate category except that "lowest coamings" shall	Extract **
	not include any aft of the FA station and no extension of a cockpit aft of the working deck shall be included in calculation of cockpit volume <i>IMS-rated boats may instead of the terms LWL, maximum beam, freeboard abreast the cockpit, use the IMS terms L, B and FA.</i>	Extract **
3.09.8	Cockpit Drains See OSR 3.09.1. Cockpit drain cross section area (after allowance for	
	screens if fitted) shall be:-	
a)	in yachts with earliest of age or series date before 1/72 or in any yacht under 8.5m (28ft) LOA - at least that of 2 x 25mm diameter (one inch)	**
b)	unobstructed openings or equivalent in yachts with earliest of age or series date 1/72 and later - at least that of 4 x 20mm diameter (3/4 inch) unobstructed openings or equivalent	**

3.10	Sea Cocks or Valves Sea cocks or valves shall be permanently installed on all through-hull openings below the waterline except integral deck scuppers, speed indicators, depth finders and the like, however a means of closing such openings shall be provided.	**
3.11	Sheet Winches Sheet winches shall be mounted in such a way that an operator is not required to be substantially below deck.	**
3.12	Mast Step The heel of a keel stepped mast shall be securely fastened to the mast step or adjoining structure.	**
3.13	Watertight Bulkheads multihulls also see OSR 3.05	Mu0,1,2,3,4
3.13.1	A hull shall have either a watertight "crash" bulkhead within 15% of LOA from the bow and abaft the forward end of LWL, or permanently installed closed-cell foam buoyancy effectively filling the forward 30% LOA of the hull.	Mo0Mu0,1,2,3,4
3.13.2	Any required watertight bulkhead shall be strongly built to take a full head of water pressure without allowing any leakage into the adjacent compartment.	Mo0Mu0,1,2,3,4
3.14	Pulpits, Stanchions, Lifelines	
3.14.1	When due to the particular design of a multihull it is impractical to precisely follow Special Regulations regarding pulpits, stanchions, lifelines, the regulations for monohulls shall be followed as closely as possible with the aim of minimising the risk of people falling overboard.	Mu0,1,2,3,4,
3.14.2	Lifeline deflection shall not exceed the following:	**
a)	When a deflecting force of 4 kg/f (39.2 N) is applied to a lifeline midway between supports of an upper or single lifeline, the lifeline shall not deflect more than 50mm. This measurement shall be taken at the widest span between supports that are aft of the mast.	**
b)	When a deflecting force of 4 kg/f (39.2 N) is applied midway between supports of an intermediate lifeline of all spans that are aft of the mast, deflection shall not exceed 120mm from a straight line between the stanchions.	**
3.14.3	The following shall be provided:	**
c)	lifelines (guardlines) supported on stanchions, which, with pulpits, shall form an effectively continuous barrier around a working deck for manoverboard prevention. Lifelines shall be permanently supported at intervals of not more than 2.20m (86.6") and shall not pass outboard of supporting stanchions	**
d)	upper rails of pulpits at no less height above the working deck than the upper lifelines as in Table 7.	**
e)	Openable upper rails in bow pulpits shall be secured shut whilst racing	**
f)	Pulpits and stanchions shall be permanently installed. When there are sockets or studs, these shall be through-bolted, bonded or welded. The pulpit(s) and/or stanchions fitted to these shall be mechanically retained without the help of the life-lines. Without sockets or studs, pulpits and/or stanchions shall be through-bolted, bonded or welded.	**
g)	The bases of pulpits and stanchions shall not be further inboard from the edge of the appropriate working deck than 5% of maximum beam or 150 mm (6 in), whichever is greater.	**
h)	Stanchion or pulpit or pushpit bases shall not be situated outboard of a working deck. For the purpose of this rule the base shall be taken to include a sleeve or socket into which the tube is fitted but shall exclude a baseplate which carries fixings into the deck or hull.	**
i)	Provided the complete lifeline enclosure is supported by stanchions and pulpit bases effectively within the working deck, lifeline terminals and support struts may be fixed to a hull aft of the working deck	**
j)	Lifelines need not be fixed to a bow pulpit if they terminate at, or pass	**

through, adequately braced stanchions set inside and overlapping the bow pulpit, provided that the gap between the upper lifeline and the bow pulpit does not exceed 150 mm (6 in). Lifelines shall be continuous and fixed only at (or near) the bow and stern. k) However a bona fide gate shall be permitted in the lifelines on each side of a yacht. Except at its end fittings, the movement of a lifeline in a fore-andaft direction shall not be constrained. Temporary sleeving in 3.14.6 (c) shall not modify tension in the lifeline. Stanchions shall be straight and vertical except that:-\*\* I) within the first 50 mm (2 in) from the deck, stanchions shall not be \*\* displaced horizontally from the point at which they emerge from the deck or stanchion base by more than 10 mm (3/8 in), and stanchions may be angled to not more than 10 degrees from vertical at any \*\* ii point above 50 mm (2 in) from the deck. It is strongly recommended that designs also comply to ISO 15085 m) 3.14.4 Special Requirements for Pulpits, Stanchions, Lifelines on Mu0,1,2,3,4 **Multihulls** The following shall be provided:on a trimaran - a bow pulpit on the main hull, with lifelines around the a) Mu0,1,2,3,4 main hull supported on stanchions. The lifelines may be interrupted where there are nets or crossbeam wings outboard of the main hull on a trimaran - where a net joins the base of a bow pulpit on the main hull, b) Mu0,1,2,3,4 an additional lifeline from the top of the pulpit to the forward crossbeam at or outboard of the crossbeam mid-point. on a trimaran - at a main or emergency steering position on an outrigger c) Mu0,1,2,3,4 with or without a cockpit, lifelines protecting an arc of 3 meters diameter centred on the steering position. (When measuring between lifelines their taut, undeflected positions shall be taken for this purpose). on a catamaran - lifelines from bow to stern on each hull and transverse d) Mu0,1,2,3,4 lifelines to form an effectively continuous barrier around the working area for man-overboard prevention. The transverse lifelines shall be attached to

## 3.14.5 Lifeline Height, Vertical Openings, Number of Lifelines

lifelines and the net.

bow and stern pulpits or superstructure. A webbing, strop or rope (minimum diameter 6mm) shall be rove zig-zag between the transverse

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IABLE /			<u> ተ</u>
LOA	earliest of age/seriesdate	minimum requirements	Category
under 8.5 m(28 ft)	before January 1992	single lifeline at a height of no less than 450 mm (18 in) above the working deck. No vertical opening shall exceed 560 mm (22 in).	**
under 8.5 m (28 ft)	January 1992 and after	as for under 8.5 m(28 ft) in table 7 above, except that when an intermediate lifeline is fitted no vertical opening shall exceed 380 mm (15 in).	**
8.5 m (28 ft) and over	before January 1993	double lifeline with upper lifeline at a height of no less than 600 mm (24 in) above the working deck. No vertical opening shall exceed 560 mm (22 in)	**
8.5 m (28 ft)and over	January 1993 and after	as 8.5 m (28 ft) and over in Table 7 above, except that no vertical opening shall exceed 380 mm (15 in).	**
all	all	on yachts with intermediate lifelines the intermediate line shall be not less than 230 mm (9 in) above the working deck.	**

### 3.14.6 Lifeline Minimum Diameters, Required Materials, Specifications

a) Lifelines shall be of:

		_			
_		ess steel wire or			**
	_	• •	PE) (Dyneema®/Spectra® o	•	**
	equivalent) rope (Bra		•		
b)	The minimum diameter is specified in table 8 below.			**	
c)			ed and used without close-fitt	_	**
			may be fitted provided it is r	egularly	
	removed for inspection				4.4
d)	When stainless wire	,			**
e)			used, it shall be spliced in		**
			commended procedures.		alul.
f)	-		e used to secure lifelines pro		**
	<del>-</del> .		mm (4 in). This lanyard shall	be	
>	replaced annually at a				**
g)			ures and lanyards shall comp		<u>ተ</u> ተ
	-		all points at least the breakin	g	
	strength of the requir				**
	TABLE 8 - Minimum [		LIMPE was (Cinala busid)	LIMPE C	
	LOA	wire	HMPE rope (Single braid)		ore (Braid on braid)
	under 8.5m (28ft)	3mm (1/8 in)	4mm (5/32 in)	4mm (5	
	8.5m - 13m	4mm (5/32 in)	5mm (3/16 in)	5mm (3)	
2 1 5	over 13m (43 ft)	5mm (3/16in)	5mm (3/16in)	5mm (3)	(10111)
3.15	Multihull Nets or T		the word "transpoline"		M. O 1 2 2 4
3.15.1	A net shall be:-	erchangeable with	the word "trampoline"		Mu0,1,2,3,4 Mu0.1.2.3.4
2)					
a)	essentially horizontal		ater permeable fabric, or me	sh with	Mu0,1,2,3,4
b)			ches) in any dimension. Attac		Mu0,1,2,3,4
		<del>-</del> -	The junction between a net		
	yacht shall present no		-	anu a	
c)			nsverse and longitudinal supp	ort lines	Mu0,1,2,3,4
C)	and shall be fine-stite			ore in ics	1100,1,2,3,1
d)		•	v either in normal working co	nditions	Mu0,1,2,3,4
/	at sea or in case of ca	_			
e)			ie the nets should be individu	ally tied	Mu0,1,2,3,4
,			re than four attachment poin	,	, , , ,
	connecting line		•	,	
3.15.2	<b>Trimarans with Do</b>	uble Crossbeam	ıs		
a)	A trimaran with doub	le crossbeams sha	all have nets on each side co	/ering:-	
b)	the rectangles formed	d by the crossbear	ms, central hull and outrigge	S	Mu0,1,2,3,4
c)	the triangles formed	by the aft end of t	the central pulpit, the mid-po	int of	Mu0,1,2,3,4
		eam, and the inter	section of the crossbeam and	the	
	central hull				
d)		, ,	part of the cockpit or steering		Mu0,1,2,3,4
			mid-point of each after cros		
			and the central hull; except t		
e)			not apply when cockpit coar	nings	Mu0,1,2,3,4
			oly with the minimum height		
2452	requirements in Table		_		
3.15.3	Trimarans with Sin	_		النطاحسات	M. O 1 2 2 4
a)		gie crossbeam sna	all have nets between the cer	ıtral Müll	Mu0,1,2,3,4
h)	and each outrigger:-	two straight line	s from the intersection of the		Μυθ 1 2 2 /
b)		_	s from the intersection of the		Mu0,1,2,3,4
			rely to the aft end of the pulp point of the cockpit or steering		
	position on the centra	•	<u>.</u>	J	
3.16	Catamarans	ai riuii (WHIICHEVEI	is fulfilest alt.)		
5.10	On a catamaran the t	ntal net surface s	hall he limited:		
a)	laterally by the hulls;		nan be minear		Mu0,1,2,3,4
۵)	acciding by the hulls,	u			, _, _, ,

b) <b>3.18</b>	aftermost point of the bo	rse stations through the forestay base, and the form lying fore and aft. However, a catamaran with mersed) may satisfy the regulations for a trimaran	Mu0,1,2,3,4
3.18.1	A toilet, permanently inst	talled	MoMu0,1,2
<b>3.19</b> 3.19.2	Bunks Bunks, permanently insta	alled	**
<b>3.20</b> 3.20.1		ently installed or securely fastened with safe ontrol and capable of being safely operated in a	MoMu0,1,2,3
3.21	Drinking Water Tanks	& Drinking Water	MoMu0,1,2,3
3.21.1	Drinking Water Tanks		MoMu0,1,2,3
a)	A yacht shall have a perr tank(s):	nanently installed delivery pump and water	MoMu0,1,2,3
ii		v into at least two compartments	MoMu1
3.21.3	Emergency Drinking V		MoMu0,1,2,3
a)	emergency use shall be p	llons, 2.4 US gallons) of drinking water for provided in a dedicated and sealed container or	MoMu1,2,3
3.22	container(s) <b>Hand Holds</b>		
3.22	Adequate hand holds sha	all be fitted below deck so that crew members may	**
	move about safely at sea	n. apable of withstanding without rupture a side force	
	of 1500N - attention is d	•	
3.23	Bilge Pumps and Buck		
3.23.1	No bilge pump may disch to the sea.	narge into a cockpit unless that cockpit opens aft	**
3.23.2	Bilge pumps shall not be	connected to cockpit drains. (OSR 3.09)	**
3.23.3		oxes shall be readily accessible for maintenance	**
2 22 4	and for clearing out debr	is alled, each bilge pump handle shall be provided	**
3.23.4	with a lanyard or catch o	ጥጥ	
3.23.5	The following shall be pr		
b)	•	d manual bilge pump either above or below deck.	Mu0,1,2
		ble with all cockpit seats, hatches and shall have a permanently installed discharge	
	pipe.	, ,	
c)	•	vision to pump out all watertight compartments	Mu0,1,2,3,4
f)	(except those filled with	impermeable buoyancy). struction each with at least 9 litres (2 UK gallons,	**
1)		Each bucket to have a lanyard.	
3.24	Compass		
3.24.1	The following shall be pro-		
a)		ass, independent of any power supply,	**
h)	•	d correctly adjusted with deviation card, and	MaMuO 1 2 2
b)		ependent of any power supply, capable of being ass which may be hand-held	MoMu0,1,2,3
3.25	Halyards.	,	
		han two halyards, each capable of hoisting a sail.	**
3.27	Navigation Lights (see	<u> </u>	***
3.27.1	Navigation lights shall be or the heeling of the yac	e mounted so that they will not be masked by sails	**
3.27.2		or. Out be mounted below deck level and should be at	**
5.27.2		ediately under the upper lifeline.	
3.27.3	Navigation light intensity		
	TABLE 11		
	LOA	Guide to required minimum power rating for an	
		electric bulb in a navigation light	

	under 12 m (39.4 ft) 10 W		
	12 m (39.4 ft) and 25 W		
	above		
3.27.4		be carried having the same minimum	MoMu0,1,2,3
		lights above, with a separable power stem essentially separate from that used for	
	the normal navigation lights	stem essentially separate from that used for	
3.27.5		shall be carried, or for lights not	**
	dependent on bulbs, appropriat	e spares.	
3.28	Engines, Generators, Fuel		**
<b>3.28.1</b> a)	Propulsion Engines Engines and associated systems	shall be installed in accordance with their	**
u)	•	hall be of a type, strength, capacity, and	
	installation suitable for the size		
b)		hen fitted shall: be provided with a	**
	•	coolant, and fuel supply systems and fuel	
	effects of heavy weather.	nd have adequate protection from the	
c)	•	Special Regulations shall provide a	MoMu0,1,2,3
•	minimum speed in knots of (1.8	x square root of LWL in metres) or (square	
0	root of LWL in feet)	and the second second state of the second	M. 4. 2. 2
f)		ength may be provided with an inboard ard engine together with permanently	Mu1,2,3
		d fuel tank(s) may be used as an	
	alternative.	a	
3.28.2	Generator		
		city is optional. However, when a separate	**
		ermanently installed, securely covered, and lexhaust, cooling and fuel supply systems	
	•	uate protection from the effects of heavy	
	weather.	,	
3.28.3	Fuel Systems		
a)		shutoff valve. Except for permanently ble tank is not permitted as a fuel tank.	MoMu0,1,2,3
b)	<u>-</u>	e a minimum amount of fuel which may be	MoMu0,1,2,3
۵)		out if not, shall be sufficient to be able to	1.01.100/1/2/2
		the duration of the race and to motor at	
2 20 4	the above minimum speed for a	t least 8 hours	
<b>3.28.4</b> a)	Battery Systems When an electric starter is the o	only method for starting the engine, the	MoMu0,1,2,3
a)		ery, the primary purpose of which is to	1101100,1,2,3
	start the engine	cory, and printerly purpose or remained to	
b)		ard shall be of the sealed type from which	MoMu0,1,2,3
	• • • • • • • • • • • • • • • • • • • •	Other types of battery installed on board	
3.29	•	the remainder of their service lives.  Fig. EPFS (Electronic Position-Fixing)	**
3123	System), Radar, AIS	, Li i o (Licetionie i obitioni i ixing	
	Provision of GMDSS is unlikely to	o be mandatory for small craft during the	MoMu0,1,2,3
2 20 4	term of the present Special Reg		**
3.29.1	The following shall be provided:	stated in the Notice of Race, an installed	** MoMu0,1,2,3
a)	satcom terminal), and	stated in the Notice of Nace, an installed	1401410,1,2,3
i		e regular antenna depends upon the mast.	MoMu0,1,2,3
b)	When the marine radio transcei	ver is VHF:	MoMu0,1,2,2
İ ::	it shall have a rated output pow		MoMu0,1,2,3
ii	than 40% power loss	a, and co-axial feeder cable with not more	MoMu0,1,2,3
iii		of co-axial feeder cable will meet the	MoMu0,1,2,3
		(ii): (a) up to 15m (50ft) - type RG8X ("mini	. , , , ,

8"),	: (b) 15-28m (50-90ft) - type RG8U; (c) 28-43m (90-140ft) - type	
	(3F (uses conventional connectors, available from US supplier Belden);	
	43-70m) 140-230ft - type LMR600 (uses special connectors, available	
	m US supplier Times Microwave).	
	hould include channel 72 (an international ship-ship channel which, by	MoMu0,1,2,3
	nmon use, has become widely accepted as primary choice for ocean	, , ,
	ing yachts anywhere in the world)	
_	and-held marine VHF transceiver, watertight or with a waterproof cover.	MoMu1,2,3,4
	en not in use to be stowed in a grab bag or emergency container (see	
	R 4.21) The handheld receiver should have Digital Selective Calling	
	C) and be equipped with GPS.	
-	ependent of a main radio transceiver, a radio receiver capable of	**
•	eiving weather bulletins	
	EPFS (Electronic Position-Fixing System) (e.g. GPS)	MoMu0,1,2,3
	AIS Transponder	MoMu1,2
	AIS antenna shall be mounted on top of the main mast.	MoMu0,1,2
	thts are reminded that no reflector, active or passive, is a guarantee of	**
det	ection or tracking by a vessel using radar.	
a) The	e attention of persons in charge is drawn to legislation in force or	**
imn	ninent affecting the territorial seas of some countries in which the	
cari	riage of an AIS set is or will be mandatory for certain vessels including	
rela	ntively small craft.	
SECTIO	N 4 - PORTABLE EQUIPMENT & SUPPLIES for	the vacht
	& fuel see OSR 3.21 and OSR 3.28)	
•	Letters & Numbers	

SECT	TON 4 - PORTABLE EQUIPMENT & SUPPLIES for	r the yacht
(for wa	iter & fuel see OSR 3.21 and OSR 3.28)	
4.01	Sail Letters & Numbers	
4.01.1	Yachts which are not in an ISAF International Class or Recognized Class	**
	shall comply with RRS 77 and Appendix G as closely as possible, except	
	that sail numbers allotted by a State authority are acceptable.	
4.01.2	Sail numbers and letters of the size carried on the mainsail must be	**
	displayed by alternative means when none of the numbered sails is set.	
4.02	Hull marking (colour blaze)	Mo0,1,Mu0,1,2,3,4
4.02.1	To assist in SAR location:-	
<i>b)</i>	Each yacht is recommended to show at least 1 m^2 of fluorescent pink or	MoMu1
	orange or yellow colour as far as possible in a single area on the coachroof	
	and/or deck where it can best be seen	
4.02.2	Multihulls shall show on the underside, where they can be seen when	Mu0,1,2,3,4
	inverted, an solid area of highly-visible colour (e.g. Day-Glo pink, orange,	
	or yellow) of at least 1m^2	
4.02.3	Each yacht is recommended to show on each underwater appendage an	MoMu0,1
	area of highly-visible colour	
4.03	Soft Wood Plugs	
	Soft wood plugs, tapered and of the appropriate size, shall be attached or	**
	stowed adjacent to the appropriate fitting for every through-hull opening.	
4.04	Jackstays, Clipping Points and Static Safety Lines	
4.04.1	Jackstays shall be provided-	MoMu0,1,2,3
a)	attached to through-bolted or welded deck plates or other suitable and	MoMu0,1,2,3
	strong anchorage fitted on deck, port and starboard of the yacht's centre	
	line to provide secure attachments for safety harness:-	
b)	comprising stainless steel 1 x 19 wire of minimum diameter 5 mm (3/16	MoMu0,1,2,3
	in), high modulus polyethylene (such as Dyneema/Spectra) rope or	
	webbing of equivalent strength;	
c)	which, when made from stainless steel wire shall be uncoated and used	MoMu0,1,2,3
	without any sleeving;	
d)	20kN (2,040 kgf or 4,500 lbf) min breaking strain webbing is	MoMu0,1,2,3
	recommended;	
e)	at least two of which should be fitted on the underside of a multihull in	Mu0,1,2,3
	case of inversion.	

4.04.2	Clipping Points:-	
	shall be provided-	
a)	attached to through-bolted or welded deck plates or other suitable and	MoMu0,1,2,3
	strong anchorage points adjacent to stations such as the helm, sheet	
<b>b</b> )	winches and masts, where crew members work for long periods:-	MaMun 1 2 2
b)	which, together with jackstays and static safety lines shall enable a crew member-	MoMu0,1,2,3
i	to clip on before coming on deck and unclip after going below;	MoMu0,1,2,3
ii	whilst continuously clipped on, to move readily between the working areas	MoMu0,1,2,3
	on deck and the cockpit(s) with the minimum of clipping and unclipping	1 101 100/1/2/3
	operations.	
c)	The provision of clipping points shall enable two-thirds of the crew to be	MoMu0,1,2,3
	simultaneously clipped on without depending on jackstays	
d)	In a trimaran with a rudder on the outrigger, adequate clipping points shall	Mu0,1,2,3
	be provided that are not part of the deck gear or the steering mechanism,	
	in order that the steering mechanism can be reached by a crew member	
e)	whilst clipped on.  Warning - U-bolts as clipping points - see OSR 5.02.1(a)	MoMu0,1,2,3
4.05	Fire Extinguishers	1401440,1,2,3
	Shall be provided as follows:	
4.05.1	Fire extinguishers, at least two, readily accessible in suitable and different	**
	parts of the yacht	
4.05.2	Fire Extinguishers, at least two, of minimum 2kgs each of dry powder or	MoMu0,1,2,3
	equivalent	dede
4.05.4	A fire blanket adjacent to every cooking device with an open flame	**
<b>4.06</b> 4.06.1	Anchor(s)	**
a)	An anchor or anchors shall be carried according to the table below: The following anchors shall be provided	11-11-
i	For yachts of 8.5 m LOA (28 ft) and over there shall be 2 anchors together	MoMu1,2,3
•	with a suitable combination of chain and rope, all ready for immediate use	1 101 142/2/5
ii	For yachts under 8.5 m LOA (28 ft) there shall be 1 anchor together with a	MoMu1,2,3
	suitable combination of chain and rope, all ready for immediate use	
4.07	Flashlight(s) and Searchlight(s)	
4.07.1	The following shall be provided:-	**
a)	A watertight, high-powered searchlight, suitable for searching for a person overboard at night and for collision avoidance with spare batteries and	ጥጥ
	bulbs, and	
b)	a watertight flashlight with spare batteries and bulb	**
4.08	First Aid Manual and First Aid Kit	**
4.08.1	A suitable First Aid Manual shall be provided	**
	In the absence of a National Authority's requirement, the latest edition of	**
	one of the following is recommended:-	
<i>a)</i>	International Medical Guide for Ships, World Health Organisation, Geneva	MoMu0,1 **
c)	Le Guide de la medecine a distance, by Docteur J Y Chauve, published by Distance Assistance BP33 F-La Baule, cedex, France.	**
e)	Skipper's Medical Emergency Handbook by Dr Spike Briggs and Dr	**
C)	Campbell Mackenzie www.msos.org.uk	
4.08.2	A First Aid Kit shall be provided	**
4.08.3	The contents and storage of the First Aid Kit should reflect the guidelines	**
	of the Manual carried, the likely conditions and duration of the passage,	
	and the number of people aboard the yacht.	
4.09	Foghorn	**
4.10	A foghorn shall be provided  Radar Reflector	4.4.
4.10.1	An octahedral passive radar reflector shall be carried with circular sector	**
	plates of minimum diameter 30 cm (12") or a reflector with a documented	
	minimum Radar Cross Section (RCS) area of 2 m2	
4.11	Navigation Equipment	
4.11.1	Charts	

4 4 4 2	Navigational charts (not solely electronic), light list and chart plotting equipment shall be provided	**
4.11.2	Reserve Navigation System  Navigators are recommended to carry a sextant with suitable tables and a timepiece or an adequate reserve navigation system so that total reliance is not placed on dead-reckoning and a single form of EPFS (Electronic	MoMu0,1
	Position-Fixing System) (see Volpe Report at www.navcen.uscg.gov/archive/2001/Oct/FinalReport-v4.6.pdf)	
4.12	Safety Equipment Location Chart A safety equipment location chart in durable waterproof material shall be displayed in the main accommodation where it can best be seen, clearly	**
4.45	marked with the location of principal items of safety equipment.	
<b>4.13</b> 4.13.1	Echo Sounder or Lead Line An echo sounder or lead line shall be provided	MoMu1 2 2 /
<b>4.13</b> .1	Speedometer or Distance Measuring Instrument (log)	MoMu1,2,3,4
7.17	A speedometer or distance measuring instrument (log) shall be provided	MoMu0,1,2,3
4.15	Emergency Steering	110.100/1/2/5
4.15.1	Emergency steering shall be provided as follows:	
a)	except when the principal method of steering is by means of an unbreakable metal tiller, an emergency tiller capable of being fitted to the rudder stock;	MoMu0,1,2,3
b)	crews must be aware of alternative methods of steering the yacht in any sea condition in the event of rudder loss. At least one method must have been proven to work on board the yacht. An inspector may require that this method be demonstrated.	MoMu0,1,2,3
4.16	Tools and Spare Parts	
	Tools and spare parts, including effective means to quickly disconnect or sever the standing rigging from the hull shall be provided.	**
4.17	Yacht's name Yacht's name shall be on miscellaneous buoyant equipment, such as lifejackets, cushions, lifebuoys, lifeslings, grab bags etc.	**
4.18	Marine grade retro-reflective material Marine grade retro-reflective material shall be fitted to lifebuoys, lifeslings, liferafts and lifejackets. See OSRs 5.04, 5.08.	**
4.19	EPIRBS	
4.19.1	A 406 MHz EPIRB shall be provided	MoMu1,2
b)	It is recommended that a 406 MHz EPIRB should include an internal GPS, and also a 121.5MHz transmitter for local homing.	MoMu0,1,2
c)	Every EPIRB shall be registered with the appropriate authority associated with the country code in the hexadecimal identification (15 Hex ID) of the beacon. A beacon can be registered online with the Cospas-Sarsat IBRD if	MoMu0,1,2
	the country does not provide a registration facility and the country has allowed direct registration in the IBRD	
d)	Every ship's 406 MHz EPIRB shall be water and manually activated.	MoMu0,1,2
e)	A list of registration numbers of 406 EPIRBs should be notified to event organizers and kept available for immediate use.	MoMu0,1,2
f)	Consideration should be given to the provision of a locator device (e.g. an "Argos" beacon) operating on non - SAR frequencies, to aid salvage if a yacht is abandoned.	MoMu0,1,2
g)	See OSR 3.29.1(e) for on-board D/F and OSR 5.07.1(b) for personal EPIRBs (PLBs)	МоМиО
4.20	Liferafts	MoMu0,1,2
4.20.1	Liferaft Construction and Packed Equipment	
4.20.2	Liferaft(s) shall be provided capable of carrying the whole crew when each liferaft shall comply with either:-	MoMu1,2
a)	Liferafts shall comply with SOLAS LSA code 1997 Chapter IV or later version except that they are acceptable with a capacity of 4 persons and may be packed in a valise. A SOLAS liferaft shall contain at least a SOLAS "A" pack or	Extract File MoMu1,2

b)	for liferafts manufactured prior to January 2003, OSR Appendix A part I	MoMu1,2
c)	(ORC), or OSR Appendix A part II (ISAF) when, unless otherwise specified by a race	MoMu1,2
d)	organizer, the floor shall include thermal insulation, or ISO 9650 Part I Type I Group A (ISO) when each liferaft shall contain at	MoMu1,2
i	least a Pack 2 (<24h) and- shall have a semi-rigid boarding ramp, and	MoMu1,2
ii	shall be so arranged that any high-pressure hose shall not impede the	MoMu1,2
iii	boarding process, and shall have a topping-up means provided for any inflatable boarding ramp, and	MoMu1,2
iv	when the liferaft is designed with a single ballast pocket this shall be accepted provided the liferaft otherwise complies with ISO 9650 and meets	MoMu1,2
V	a suitable test of ballast pocket strength devised by the manufacturer and compliance with OSR 4.20.2 (d) i-iv shall be indicated on the liferaft certificate.	MoMu1,2
4.20.3	Liferaft Packing and Stowage	MoMu0,1,2
2)	A Liferaft shall be either:- packed in a transportable rigid container or canister and stowed on the	MoMu0,1,2 MoMu0,1,2
a)	working deck or in the cockpit, or:-	141014100,1,2
b)	packed in a transportable rigid container or canister or in a valise and stowed in a purpose-built rigid compartment containing liferaft(s) only and opening into or adjacent to the cockpit or working deck, or through a	MoMu0,1,2
i	transom, provided that:- each compartment is watertight or self-draining (self-draining	MoMu0,1,2
•	compartments will be counted as part of the cockpit volume except when	1101100,1,2
	entirely above working deck level or when draining independently overboard from a transom stowage - see OSR 3.09) and-	
ii	the cover of each compartment is capable of being easily opened under	MoMu0,1,2
iii	water pressure, and- the compartment is designed and built to allow a liferaft to be removed	MoMu0,1,2
	and launched quickly and easily, or-	
iv	in a yacht with age or series date before June 2001, a liferaft may be packed in a valise not exceeding 40kg securely stowed below deck adjacent to a companionway.	MoMu1,2
V	Liferaft stowage on a multihull and a monohull with moveable ballast shall	MoMu0,1,2
V	be such that each liferaft may be readily removed and launched whether or not the yacht is inverted.	
c)	The end of each liferaft painter should be permanently made fast to a	MoMu0,1,2
4.20.4	strong point on board the yacht.  Liferaft Launching	MoMu0,1,2
a)	Each raft shall be capable of being got to the lifelines or launched within 15	MoMu0,1,2
<i>b)</i>	seconds.  Each liferaft of more than 40kg weight should be stowed in such a way	MoMu0,1,2
,	that the liferaft can be dragged or slid into the sea without significant	
4.20.5	lifting Liferaft Servicing and Inspection	MoMu0,1,2
	IMPORTANT NOTICE Recent evidence has shown that packaged liferafts	MoMu0,1,2
	are vulnerable to serious damage when dropped (e.g. from a boat onto a marina pontoon) or when subjected to the weight of a crew member or	
	heavy object (e.g. an anchor). Damage can be caused internally by the	
	weight of the heavy steel CO2 bottle abrading or splitting neighbouring layers of buoyancy tube material. ISAF has instituted an investigation into	
	this effect and as an interim measure requires that every valise-packed	
	liferaft shall have an annual certificate of servicing. A liferaft should be taken for servicing if there is any sign of damage or deterioration (including	
	on the underside of the pack). Persons in charge should insist on great	
	care in handling liferafts and apply the rules NO STEP and DO NOT DROP UNLESS LAUNCHING INTO THE SEA.	
	STEESS E TOTTO TITLO TITLO THE SET	

a)	Certificates or copies, of servicing and/or inspection shall be kept on board the yacht. Every SOLAS liferaft and every valise-packed liferaft shall have a valid annual certificate of new or serviced status from the manufacturer or his approved service station.	MoMu0,1,2
b)	A liferaft built to OSR Appendix A part I ("ORC") packed in a rigid container or canister shall either be serviced annually or may, when the manufacturer so specifies, be inspected annually (not necessarily unpacked) provided the yacht has on board written confirmation from the manufacturer's approved service station stating that the inspection was satisfactory.	MoMu0,1,2
c)	A liferaft built to OSR Appendix A part II ("ISAF") packed in a rigid container or canister shall either be serviced annually or may, when the manufacturer so specifies, have its first service no longer than 3 years after commissioning and its second service no longer than 2 years after the first. Subsequent services shall be at intervals of not more than 12 months.	MoMu1,2
d)	A liferaft built to ISO 9650 Part 1 Type Group A, packed in a rigid container or canister shall be serviced in accordance with the manufacturer's instructions but NOT less frequently than every three years	MoMu1,2
e)	A liferaft built to ISO 9650 Part 1 Type Group A packed in a valise shall be inspected annually by an approved manufacturer's agent and serviced in accordance with the manufacturer's instructions but NOT less frequently than every three years.	MoMu1,2
f) <b>4.21.2</b>	Liferaft servicing certificates shall state the specification that the liferaft was built to. See OSR 4.20.2	MoMu1,2
<b>4.21.2</b> <i>a)</i>	Grab Bags to Accompany Liferafts  A yacht is recommended to have for each liferaft, a grab bag with the	MoMu0,1,2
u)	following minimum contents. A grab bag should have inherent flotation, at least 0.1 m^2 area of fluorescent orange colour on the outside, should be marked with the name of the yacht, and should have a lanyard and clip.	1101100,1,2
<i>b)</i>	Note: it is not intended to duplicate in a grab bag items required by other OSRs to be on board the yacht - these recommendations cover only the stowage of those items	MoMu0,1,2
4.21.3	Grab Bag Recommended Contents	
a)	2 red parachute and 2 red hand flares and cyalume-type chemical light sticks (red flares compliant with SOLAS)	MoMu1,2
<i>b)</i>	watertight hand-held EPFS (Electronic Position-Fixing System) (eg GPS) in at least one of the grab bags carried by a yacht	MoMu1,2
c)	SART (Search and Rescue Transponder) in at least one of the grab bags carried by a yacht	MoMu1,2
d)	a combined 406MHz/121.5MHz EPIRB registered to the boat (see OSR 4.19.1) in at least one of the grab bags	MoMu1,2
e)	water in re-sealable containers or a hand-operated desalinator plus containers for water	MoMu1,2
f)		
	a watertight hand-held marine VHF transceiver plus a spare set of batteries	MoMu0,1,2
<i>g)</i>	a watertight flashlight with spare batteries and bulb	MoMu0,1,2 MoMu0,1,2
h)	a watertight flashlight with spare batteries and bulb dry suits or thermal protective aids or survival bags	MoMu0,1,2
	a watertight flashlight with spare batteries and bulb	
h) i) j)	a watertight flashlight with spare batteries and bulb dry suits or thermal protective aids or survival bags second sea anchor for the liferaft (not required if the liferaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety tin openers (if appropriate)	MoMu0,1,2  MoMu0,1,2  MoMu0,1,2
h) i) j) k)	a watertight flashlight with spare batteries and bulb dry suits or thermal protective aids or survival bags second sea anchor for the liferaft (not required if the liferaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety tin openers (if appropriate) first-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable.	MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2
h) i) j) k)	a watertight flashlight with spare batteries and bulb dry suits or thermal protective aids or survival bags second sea anchor for the liferaft (not required if the liferaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety tin openers (if appropriate) first-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror	MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2
h) i) j) k) l) m)	a watertight flashlight with spare batteries and bulb dry suits or thermal protective aids or survival bags second sea anchor for the liferaft (not required if the liferaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety tin openers (if appropriate) first-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror high-energy food (min 10 000k) per person recommended for Cat Zero)	MoMu0,1,2  MoMu0,1,2  MoMu0,1,2  MoMu0,1,2  MoMu0,1,2  MoMu0,1,2
h) i) j) k)	a watertight flashlight with spare batteries and bulb dry suits or thermal protective aids or survival bags second sea anchor for the liferaft (not required if the liferaft has already a spare sea anchor in its pack) (recommended standard ISO 17339) with swivel and >30m line diameter >9.5 mm two safety tin openers (if appropriate) first-aid kit including at least 2 tubes of sunscreen. All dressings should be capable of being effectively used in wet conditions. The first-aid kit should be clearly marked and re-sealable. signalling mirror	MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2 MoMu0,1,2

The following shall be provided within reach of the helmsman and ready for 4.22.1 instant use: \*\* a lifebuoy with a self-igniting light and a droque a) In addition to a) above, one lifebuoy within reach of the helmsman and b) MoMu0,1,2 ready for instant use, equipped with: i a whistle, a droque, a self-igniting light and MoMu0,1,2 a pole and flag. The pole shall be either permanently extended or be ii MoMu0,1,2 capable of being fully automatically extended (not extendable by hand) in less than 20 seconds. It shall be attached to the lifebuoy with 3 m (10 ft) of floating line and is to be of a length and so ballasted that the flag will fly at least 1.8 m (6 ft) off the water. 4.22.2 When at least two lifebuoys (and/or Lifeslings) are carried, at least one of MoMu0,1,2 them shall depend entirely on permanent (e.g. foam) buoyancy. \*\* 4.22.3 Each inflatable lifebuoy and any automatic device (e.g. pole and flag extended by compressed gas) shall be tested and serviced at intervals in accordance with its manufacturer's instructions. 4.22.4 Each lifebuoy or lifesling shall be fitted with marine grade retro-reflective \*\* material (4.18). 4.22.5 It is recommended that the colour of each lifebuoy be a safety colour in the yellow-red range. 4.23 **Pyrotechnic and Light Signals** \*\* Pyrotechnic signals shall be provided conforming to SOLAS LSA Code 4.23.1 Chapter III Visual Signals and not older than the stamped expiry date (if any) or if no expiry date stamped, not older than 4 years. red hand flares LSA red parachute flares orange smoke LSA race LSA III 3.1 III 3.2 III 3.3 category 4 MoMu0,1 6 2 4 4 2 MoMu2,3 4 2 Mo4 2 4 2 Mu4 TABLE 13 4.24 **Heaving Line** \*\* \*\* a heaving line shall be provided 15 m - 25 m (50 ft - 75 ft) length readily a) accessible to cockpit. \*\* the "throwing sock" type is recommended - see Appendix D b) c) A lifesling shall be provided MoMu0,1,2,3 **Cockpit Knife** 4.25 A strong, sharp knife, sheathed and securely restrained shall be provided readily accessible from the deck or a cockpit. 4.26 **Storm & Heavy Weather Sails** 4.26.1 Design \*\* it is strongly recommended that persons in charge consult their a) designer and sailmaker to decide the most effective size for storm and heavy weather sails. The purpose of these sails is to provide safe propulsion for the yacht in severe weather -they are not intended as part of the racing inventory. The areas below are maxima. Smaller areas are likely to suit some yachts according to their stability and other characteristics. 4.26.2 **High Visibility** Every storm jib shall either be of highly-visible coloured material (e.g. \*\* a) dayglo pink, orange or yellow) or have a highly-visible coloured patch at least 50% of the area of the sail (up to a maximum diameter of 3m) added on each side; and also that a rotating wing mast should have a highlyvisible coloured patch on each side. A storm sail purchased after January 2014 shall have the material of the body of the sail a highly-visible colour. b) it is strongly recommended that the storm trysail should either be made of or have a patch of highly visible colour.

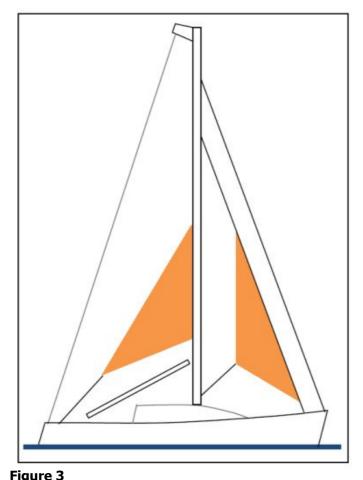
4.26.3	Materials	
a)	aromatic polyamides, carbon and similar fibres shall not be used in a trysail	**
	or storm jib but spectra/dyneema and similar materials are permitted.	
<i>b)</i>	it is strongly recommended that a heavy-weather jib does not contain	**
	aromatic polyamides, carbon and similar fibres other than	
4.26.4	spectra/dyneema. The following shall be provided:-	
a)	sheeting positions on deck for each storm and heavy-weather sail;	**
b)	for each storm or heavy-weather jib, a means to attach the luff to the stay,	**
J)	independent of any luff-groove device. A heavy weather jib shall have the	
	means of attachment readily available. A storm jib shall have the means of	
	attachment permanently attached;	
	Storm and heavy weather jib areas shall be calculated as:	
	(0.255  x luff length x (luff perpendicular + 2  x half width))* To apply to	
,	sails made in January 2012 and after.	M M 042
c)	a storm trysail which shall be capable of being sheeted independently of	MoMu 0,1,2
	the boom with trysail area not greater than 17.5% mainsail hoist (P) $x$ mainsail foot length (E). The storm trysail area shall be measured as (0.5 $x$	
	leech length x shortest distance between tack point and leech). The storm	
	trysail shall have neither headboard nor battens, however a storm trysail is	
	not required in a yacht with a rotating wing mast which can adequately	
	substitute for a trysail. The method of calculating area applies to sails	
	made in January 2012 and after.	
d)	the storm trysail as required by OSR 4.26.4 (c) shall have the yacht's sail	Extract MoMu 0,1,2
	number and letter(s) shall be placed on both sides of the trysail (or on a	
	rotating wing mast as substitute for a trysail) in as large a size as	
e)	practicable; a storm jib of area not greater than 5% height of the foretriangle squared,	MoMu0,1,2
<del>C)</del>	with luff maximum length 65% height of the foretriangle;	1101100,1,2
f)	a heavy-weather jib (or heavy-weather sail in a yacht with no forestay) of	**
• /	area not greater than 13.5% height of the foretriangle squared;	
h)	in the case of a yacht with an in-mast furling mainsail, the storm trysail	MoMu0,1,2
	must be capable of being set while the mainsail is furled.	
i)	A trysail track should allow for the trysail to be hoisted quickly when the	MoMu0,1,2
	mainsail is lowered whether or not the mainsail is stowed on the main	
	boom.	
	It is strongly recommended that a boat has either a dedicated trysail track permanently installed with the entry point accessible to a person standing	
	on the main deck or coachroof, or a permanently installed stay on which to	
	on the main ueth or coathroor, or a permanently installed stay off Whith to	

It is strongly recommended that an inner forestay is provided either permanently installed or readily set up, on which to set the storm jib.

MoMu0,1,2

hank the trysail.

*k)* 



# **Drogue, Sea Anchor**

4.27 4.27.1 A drogue for deployment over the stern, or alternatively a sea anchor or parachute anchor for deployment over the bow, complete with all gear needed to rig and deploy the sea anchor or drogue, is strongly recommended to withstand long periods in rough conditions (see Appendix

4.28 **Man Overboard Alarm** 

4.28.2

A yacht shall be equipped with an EPFS (e.g. GPS) capable of recording a man overboard position within 10 seconds and monitoring that position.

MoMu0,1

MoMu1

MoMu0

MoMu1,2

# **SECTION 5 - PERSONAL EQUIPMENT**

#### 5.01 Lifejacket 5.01.1 \*\* Each crew member shall have a lifejacket as follows:-\*\* a) In accordance with ISO 12402 – 3 (Level 150) or equivalent, including EN i 396 or UL 1180 ii Lifejackets manufactured after 1 January 2012 shall be in accordance with ISO 12402-3 (Level 150) and shall be fitted with:-• an emergency light in accordance with either ISO 12402-8 or SOLAS LSA code 2.2.3. a sprayhood in accordance with ISO 12402-8.

- a full deck safety harness in accordance with ISO 12401 (ISO 1095) including a crotch or thigh strap (holding down device) as specified in ISO 12401 (ISO 1095).
- If of an inflatable type either
- automatic, manual and oral inflation or (a)
- (b) manual and oral inflation

Notes: ISO 12402 requires Level 150 lifejackets to be fitted with a mandatory whistle and retro-reflective material. Also, when fitted with a safety harness, ISO 12402 requires that this shall be the full safety harness in accordance with ISO 12401. Any equivalent lifejacket shall have equal

b)	requirements.  Persons of larger than average build are generally more buoyant than those of average build and so do not require a lifejacket with greater levels of flotation. Wearing a Level 275 lifejacket may hamper entry into liferafts. fitted with either a crotch strap(s) / thigh straps or a full safety harness in accordance with ISO 12401,	**	
	Note: The function of lifejacket crotch/thigh straps is to hold the buoyancy element down. A crew member before a race should adjust a lifejacket to fit then retain that lifejacket for the duration of the race. Correct adjustment is fundamental to the lifejacket functioning correctly.		
c)	fitted with a lifejacket light in accordance with SOLAS LSA code 2.2.3 (white, >0.75 candelas, >8 hours),	**	
d)	if inflatable have a compressed gas inflation system,	**	
e)	if inflatable, regularly checked for gas retention,	**	
f)	compatible with the wearer's safety harness,	**	
g)	clearly marked with the yacht's or wearer's name,	**	
j)	It is strongly recommended that a lifejacket has a splashguard / sprayhood See ISO 12402 – 8,	MoMu1,2,3,4	
5.01.4	The person in charge shall personally check each lifejacket at least once annually.	**	
5.02	Safety Harness and Safety Lines (Tethers)	MoMu0,1,2,3	
5.02.1	Each crew member shall have a harness and safety line that complies with	MoMu0,1,2,3	
3.02.1	ISO 12401 or equivalent with a safety line not more than 2m in length.	1401410,1,2,3	
	Harnesses and safety lines manufactured prior to Jan 2010 shall comply		
	with either ISO 12401 or EN 1095.		
	Harnesses and safety lines manufactured prior to Jan 2001 are not permitted.		
2)	Warning it is possible for a plain snaphook to disengage from a U	MoMu0,1,2,3	
a)	bolt if the hook is rotated under load at right-angles to the axis of		
	the U-bolt. For this reason the use of snaphooks with positive		
	locking devices is strongly recommended.		
5.02.2	At least 30% of the crew shall each, in addition to the above be provided	ΜοΜυΩ 1 2 2	
	with either:-	MoMu0,1,2,3	
a)	a safety line not more than 1m long, or	MoMu0,1,2,3	
b)	a mid-point snaphook on a 2m safety line	MoMu0,1,2,3	
5.02.3	, , ,		
310213	, ,	MoMu0,1,2,3	
510215	embedded in the stitching, to indicate an overload. A line which has been		
	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.	MoMu0,1,2,3	
5.02.4	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible	MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible  It is strongly recommended that:-	MoMu0,1,2,3 MoMu0,1,2,3 <i>MoMu0,1,2,3</i>	
5.02.4 5.02.5 a)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible  It is strongly recommended that:- static safety lines should be securely fastened at work stations;	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible  It is strongly recommended that:-	MoMu0,1,2,3 MoMu0,1,2,3 <i>MoMu0,1,2,3</i>	
5.02.4 5.02.5 a)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:- static safety lines should be securely fastened at work stations; A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5 a) b)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:- static safety lines should be securely fastened at work stations; A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material;	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5 a) b)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:- static safety lines should be securely fastened at work stations; A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material; snaphooks should be of a type which will not self-release from a U-bolt	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5 a) b)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:- static safety lines should be securely fastened at work stations; A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material; snaphooks should be of a type which will not self-release from a U-bolt (see OSR 5.02.1(a)) and which can be easily released under load (crew	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5 a) b)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:- static safety lines should be securely fastened at work stations; A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material; snaphooks should be of a type which will not self-release from a U-bolt (see OSR 5.02.1(a)) and which can be easily released under load (crew members are reminded that a personal knife may free them from a safety	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5 a) b)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:- static safety lines should be securely fastened at work stations; A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material; snaphooks should be of a type which will not self-release from a U-bolt (see OSR 5.02.1(a)) and which can be easily released under load (crew members are reminded that a personal knife may free them from a safety line in emergency); a crew member before a race should adjust a harness to fit then retain that	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5 a) b) c)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:- static safety lines should be securely fastened at work stations; A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material; snaphooks should be of a type which will not self-release from a U-bolt (see OSR 5.02.1(a)) and which can be easily released under load (crew members are reminded that a personal knife may free them from a safety line in emergency); a crew member before a race should adjust a harness to fit then retain that harness for the duration of the race.	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5 a) b) c) d)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:-static safety lines should be securely fastened at work stations;  A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material;  snaphooks should be of a type which will not self-release from a U-bolt (see OSR 5.02.1(a)) and which can be easily released under load (crew members are reminded that a personal knife may free them from a safety line in emergency);  a crew member before a race should adjust a harness to fit then retain that harness for the duration of the race.  Warning - a safety line and safety harness are not designed to tow a person in the water and it is important that the shortest safety line length	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5 a) b) c) d)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:- static safety lines should be securely fastened at work stations; A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material; snaphooks should be of a type which will not self-release from a U-bolt (see OSR 5.02.1(a)) and which can be easily released under load (crew members are reminded that a personal knife may free them from a safety line in emergency); a crew member before a race should adjust a harness to fit then retain that harness for the duration of the race. Warning - a safety line and safety harness are not designed to tow a person in the water and it is important that the shortest safety line length possible be used with a harness to minimise or eliminate the risk of a	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5 a) b) c) d)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:-static safety lines should be securely fastened at work stations;  A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material;  snaphooks should be of a type which will not self-release from a U-bolt (see OSR 5.02.1(a)) and which can be easily released under load (crew members are reminded that a personal knife may free them from a safety line in emergency);  a crew member before a race should adjust a harness to fit then retain that harness for the duration of the race.  Warning - a safety line and safety harness are not designed to tow a person in the water and it is important that the shortest safety line length possible be used with a harness to minimise or eliminate the risk of a person's torso becoming immersed in water outside the boat, especially	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5 a) b) c) d)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:- static safety lines should be securely fastened at work stations; A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material; snaphooks should be of a type which will not self-release from a U-bolt (see OSR 5.02.1(a)) and which can be easily released under load (crew members are reminded that a personal knife may free them from a safety line in emergency); a crew member before a race should adjust a harness to fit then retain that harness for the duration of the race. Warning - a safety line and safety harness are not designed to tow a person in the water and it is important that the shortest safety line length possible be used with a harness to minimise or eliminate the risk of a person's torso becoming immersed in water outside the boat, especially when working on the foredeck. 1m safety lines or the midpoint snaphook	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	
5.02.4 5.02.5 a) b) c) d)	embedded in the stitching, to indicate an overload. A line which has been overloaded shall be replaced as a matter of urgency.  A crew member's lifejacket and harness shall be compatible It is strongly recommended that:-static safety lines should be securely fastened at work stations;  A harness should be fitted with a crotch strap or thigh straps.  to draw attention to wear and damage, stitching on harness and safety lines should be of a colour contrasting strongly with the surrounding material;  snaphooks should be of a type which will not self-release from a U-bolt (see OSR 5.02.1(a)) and which can be easily released under load (crew members are reminded that a personal knife may free them from a safety line in emergency);  a crew member before a race should adjust a harness to fit then retain that harness for the duration of the race.  Warning - a safety line and safety harness are not designed to tow a person in the water and it is important that the shortest safety line length possible be used with a harness to minimise or eliminate the risk of a person's torso becoming immersed in water outside the boat, especially	MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3 MoMu0,1,2,3	

	regarded as by far the most effective way of preventing man overboard incidents.	
5.04	Foul Weather Suits	
<i>b)</i>	it is recommended that a foul weather suit should be fitted with marine- grade retro-reflective material, and should have high-visibility colours on its upper parts and sleeve cuffs. See OSR 4.18	**
5.07	Survival Equipment	
d)	Attention is drawn to the value of keeping on the person a combined 406MHz/121.5MHz PLB when on deck: this may aid location in a man overboard incident independent of the equipment carried by the parent vessel	MoMu0,1,2
e)	Where possible every PLB shall be registered with the appropriate authority associated with the country code in the hexadecimal identification (15 Hex ID) of the beacon. A beacon can be registered online with the Cospas-Sarsat IBRD if the country does not provide a registration facility and the country has allowed direct registration in the IBRD.	MoMu0,1,2
5.07.2	It is strongly recommended that an immersion suit should be supplied to each crew member in a multihull in conditions where there is a potential for hypothermia	Mu1,2,3,4

SECTION 6 - TRAINING			
6.01	At least 30% but not fewer than two members of a crew, including the skipper shall have undertaken training within the five years before the start of the race in both 6.02 topics for theoretical sessions, and 6.03 topics which include practical, hands-on sessions.	MoMu1,2	
6.01.3	It is strongly recommended that all crew members should undertake training as in OSR 6.01 at least once every five years	MoMu1,2	
6.01.4	Except as otherwise provided in the Notice of Race, an in-date certificate gained at an ISAF Approved Offshore Personal Survival Training course shall be accepted by a race organizing authority as evidence of compliance with Special Regulation 6.01. See Appendix G - Model Training Course, for further details.	MoMu0,1,2	
6.02	Training Topics for Theoretical Sessions		
6.02.1	care and maintenance of safety equipment	MoMu0,1,2	
6.02.2	storm sails	MoMu0,1,2	
6.02.3	damage control and repair	MoMu0,1,2	
6.02.4	heavy weather - crew routines, boat handling, drogues	MoMu0,1,2	
6.02.5	man overboard prevention and recovery	MoMu0,1,2	
6.02.6	giving assistance to other craft	MoMu0,1,2	
6.02.7	hypothermia	MoMu0,1,2	
6.02.8	SAR organisation and methods	MoMu0,1,2	
6.02.9	weather forecasting	MoMu0,1,2	
6.03	Training Topics for Practical, Hands-On Sessions	MoMu0,1,2	
6.03.1	liferafts and lifejackets	MoMu0,1,2	
6.03.2	fire precautions and use of fire extinguishers	MoMu0,1,2	
6.03.3	communications equipment (VHF, GMDSS, satcomms, etc.)	MoMu0,1,2	
6.03.4	pyrotechnics and EPIRBs	MoMu0,1,2	
6.04	Routine Training On-Board	**	
6.04.1	It is recommended that crews should practice safety routines at reasonable intervals including the drill for man-overboard recovery	**	
	At least two members of the crew shall have a first aid certificate completed within the last five years meeting any of the following requirements:	MoMu1	
İ	A certificate listed on the ISAF website www.sailing.org/specialregs of MNA recognised courses		
ii	STCW 95 First Aid Training complying with A-VI/1-3 – Elementary First Aid or higher STCW level		

## **APPENDICES TO SPECIAL REGULATIONS**

Appendix A - Minimum Specification for Yachtsmens Liferafts

Appendix B - A guide to ISO and other Standards

Appendix C - Standard Inspection Card

Appendix D - Quickstop & Lifesling

Appendix E - Hypothermia

Appendix F - Drogues and sea anchors

Appendix G - Model Training Course

Appendix H - ISAF Code for the organisation of Oceanic Races

Appendix M - Hull Construction Standards (Scantlings)

Appendix N - Model First Aid Training Course

# **APPENDIX M - Hull Construction Standards (Scantlings)**

(Monohulls pre-2010 and Multihulls)

m1	A monohull with the earliest of	Age or Series Date before the 1 January	MoMu0,1,2
	2010 shall comply with OSR 3.0		
	appendix. A multihull shall com		
	TABLE 2		MoMu0,1,2
	LOA	earliest of age or series date	race category
	all	January 1986 and after	MoMu0,1
	12m (39.4 feet) and over	January 1987 and after	MoMu2
	under 12m (39.4 feet)	January 1988 and after	MoMu2
m2		ove shall have been designed built,	MoMu0,1,2
	maintained, modified and repair either:	red in accordance with the requirements of	
a)		ive for Category A (having obtained the CE	MoMu0,1,2
•	mark), or	5 , ( 5	
b)	the ABS Guide for Building and	Classing Offshore Yachts in which case the	MoMu0,1,2
	•	r a certificate of plan approval issued by	
	ABS, or written statements signed by the designer and builder which		
	confirm that they have respective		
	accordance with the ABS Guide		
c)	<b>5</b> , ,	itten statements signed by the designer and	MoMu0,1,2
		have respectively designed and built the	
۹)	yacht in accordance with the IS		MaMuO 1 2
, .		class rules may accept when that described vailable, the signed statement by a naval	MoMu0,1,2
		ar with the standards listed above that the	
	yacht fulfills the requirements of		
m3	•	cations to the hull, deck, coachroof, keel or	MoMu0,1,2
1113		I in table 2 shall be certified by one of the	1101140,1,2
		iate written statement or statements shall	
	be on board.		

end of file